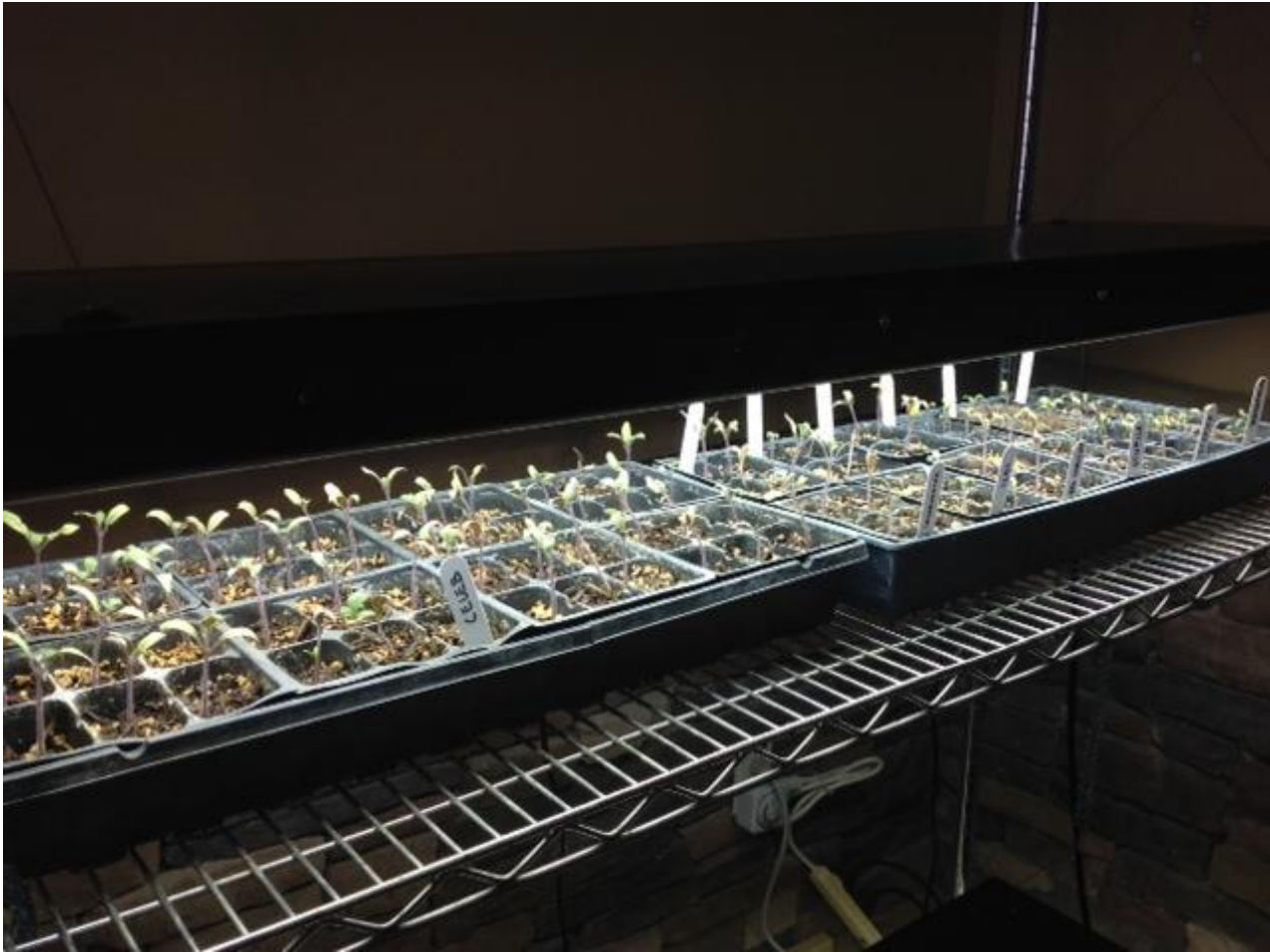


BluffdaleReady.org

Seed Starting



Why Start Your Own Seeds?

- More varieties of vegetables and flowers
- Less expensive over the long run
- Earlier harvests and therefore greater yields
- Self-sufficiency, especially with heirloom seeds

What To Start?

- Not everything needs to be started indoors
 - Direct sow cold-hardy crops (root vegetables, leafy greens, peas, broccoli, cauliflower)
- Start indoors
 - Tomatoes, peppers, squash, melons, cukes

How To Start Your Own?

- Potting soil, containers, seeds
- Water and warmth for germination
 - Water from beneath is preferred
 - On top of electrical appliance, seedling mat
- Water and light after germination
 - 3" to 4" above plants or a south-facing window
- Fertilizer not needed for starts

Light



Adjustable Light



Light Timer



When To Start Your Own?

- Timing is based on Average Day of Last Frost.
 - May 1 to May 20 for our “hardiness zone”
- Planting schedule – www.easyseeder.com
- “Harden off” the young plants prior to transplanting them outdoors.
- Adjust to your liking and needs

Where To Get Supplies?

- IFA, Home Depot
- Online searches
- Growers Supply – www.GrowersSupply.com

Where To Get Seeds?

- IFA, Home Depot
- Online
 - Mountain Valley – www.mvseeds.com (SLC)
 - Anderson – www.andersonseedandgarden.com (Logan)
 - Stokes – www.stokeseeds.com
 - Renee's Garden – www.reneesgarden.com
 - Diane's – www.dianeseeds.com (Heirloom seeds)
- Why use so many seed companies?

Recommendations

- Don't spend a lot of money
- Start out small and simple
- Use a seed starting kit